

Instructions to Obtain Your Free “In Case of Emergency” (ICE) ID Card and Tag from Onelifeid

1 – Email Membership Secretary (Bill Olver) via contacts page on C&CCC website to receive a unique Onelifeid code

2 – With the unique code go to:

<https://www.onelifeid.com/product/card-emergency-id-tag>

3 - Select **SHOP** in top left corner

4 - Select **CUSTOM TEAM IDs** from drop down list

5 - Select **MEMBER CARD WITH EMERGENCY ID KEY TAG** (middle option of three in view)

6 – Select **SHOP NOW** in bottom right corner

7 – Select **CHELTENHAM & COUNTY ICE** card picture on the right (below the card examples)

8 - Select **Next** in bottom right of the page

9 – Start Entering Data as required for fields – use examples on website as a guide and see example below

10 – Go to Checkout & enter unique code to claim Card & Tag

11 - OneLife send card & tag to you. The tag can be attached to saddle pouch, bike, clothing or keys so it is with you on every ride.

TIPS on Data Entry:

- Info line 1 on front of card repeats as Line 1 on back. **DON'T USE TIME DEFINED DATA** eg C&CCC Membership number.
- **30 characters** per line so trial data to make most efficient use.
- Info on key tag also 30 characters but **less lines** than card.
- The webpage gives **examples of data** items best for the card
- Example of **data input** below

2. Enter Card Text

Card Front

Name

John Smith

Info

British Cycling No: 123456

Card Back

Info

DOB: 30-06-1970

Gender: Male

Emergency Contacts

Jane (Wife) 0793 111222

John (Son) 0793 222111

Medical Information

Blood Group - A positive

Allergies - None

You also get an **ONLINE ID** and can fill in more details on the webpage plus links to useful webpages important to yourself or indeed copies of personal documents that may be useful to get access to in an emergency: EG: travel tickets, travel insurance docs, passport details.... as well as more emergency medical or contact details. You can only fill in the webpage data once OneLifeID send you a delivery confirmation with sign-on details and PIN number.

Many things can be considered - (for either the card or webpage) - and need to be decided by members individually.

Although the personal webpage is only accessible with a PIN code, (which would be on the card) members should consider the security of the webpage and decide what to make available via this medium should they want to use it beyond ICE data.

BIGGEST TIP OF ALL: CHECK, CHECK & CHECK again the data entered on the card before you place the order. There are tips on the website as you fill in telling you typical mistakes. The most common is putting your own phone number on the card or wrong numbers.

Things to consider:

Date of birth

Blood group

Medical conditions

Medicines

Doctor's details

NHS number

Registered organ donor

Nationality

Religion

Email address

BC Licence

Emergency contact details - multiple

Travel documents - Flights, hotels, and insurance

Bike details - maybe serial numbers?

Passport details

Bank contact details

Credit card company contact details

Members can select any product they like and at checkout put the unique code in for the appropriate discount, about £7.50, which comes off the total bill. £7.50 covers the cost of the C&CCC ICE and Tag and delivery. Members will have to make up the difference for any other product they pick.